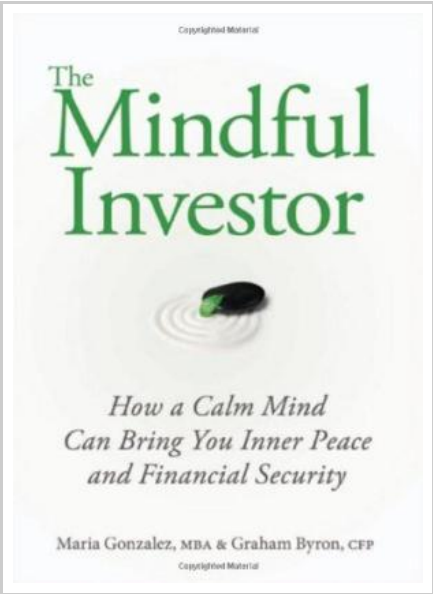


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The Mindful Investor: How a Calm Mind Can Bring You Inner Peace and Financial Security

By Maria Gonzalez, Graham Byron

John Wiley and Sons Ltd. Hardback. Book Condition: new. BRAND NEW, The Mindful Investor: How a Calm Mind Can Bring You Inner Peace and Financial Security, Maria Gonzalez, Graham Byron, Mindfulness: How to Have a Better Relationship With Your Money Money. The word itself has a power of its own. It can induce feelings and start a train of thought instantly. Unfortunately, often these feelings and thoughts are negative and stressful. We believe that achieving a healthy relationship with money is necessary because it's attached, in some way, to almost every aspect of our lives. In reality, most people have enough money, even after the recent market collapse. What they don't have is the level of calm, clarity, and focus required to live peacefully with money. Mindfulness can help achieve that. The Mindful Investor is an indispensable guide for individual investors, business people, and professionals who are looking for a better way to manage their money. From the Preface Praise for The Mindful Investor "As The Mindful Investor suggests, what's often needed most is not more money, but more perspective about money. Starting where Maria and Graham have suggested-at the end-is a great way to look back from a place...

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